

DU PAGE COUNTY
111 North County Farm Road
Wheaton, Il 60187
630-682-7400

Dear Parent,

The child who is physically and mentally fit best handles the challenge and adventure of starting school. Whether he attends a public or parochial school he should be ready to take advantage of every educational opportunity offered.

You know too, that your child will be spending long hours in rather close contact with many other children. For this reason, it is important that your child receive immunizations before entering school. Even so, your child may experience one or more of the common childhood diseases. These occur most frequently in the late winter and early spring, but there are many upper respiratory infections, “colds”, influenza, and “strep” throats in the early autumn. These diseases have many symptoms in common, so please consult your own physician rather than diagnose through a neighbor or by yourself!

THESE NEW SIMPLE RULES MAY BE HELPFUL TO YOU:

1. Keep your child home if he or she has a fever, a “cold” starting, diarrhea, vomiting or rash.
2. Keep your child home for at least 24 hours after a symptom of any illness has subsided. (Or as long as your doctor advises!)
3. Dress him warmly with proper outer clothing that can be removed when he is in school. Winter clothing, which cannot be removed indoors, may produce perspiration with subsequent chilling when the child goes outdoors.
4. Have a regular hour for bed time, early enough to assure adequate rest.
5. Awake your child early enough in the morning to allow time for an adequate, unhurried breakfast.

Your child’s health is your responsibility; protecting and promoting the community’s health is the job of your Health Department. By cooperating we can make your child’s school time as healthy, happy and profitable as it should be.

Sincerely,

DUPAGE COUNTY HEALTH DEPARTMENT